

# LIGHTNING DATA CENTER MINUTES

March 8, 2024

ST. ANTHONY HOSPITAL, LAKEWOOD, COLORADO

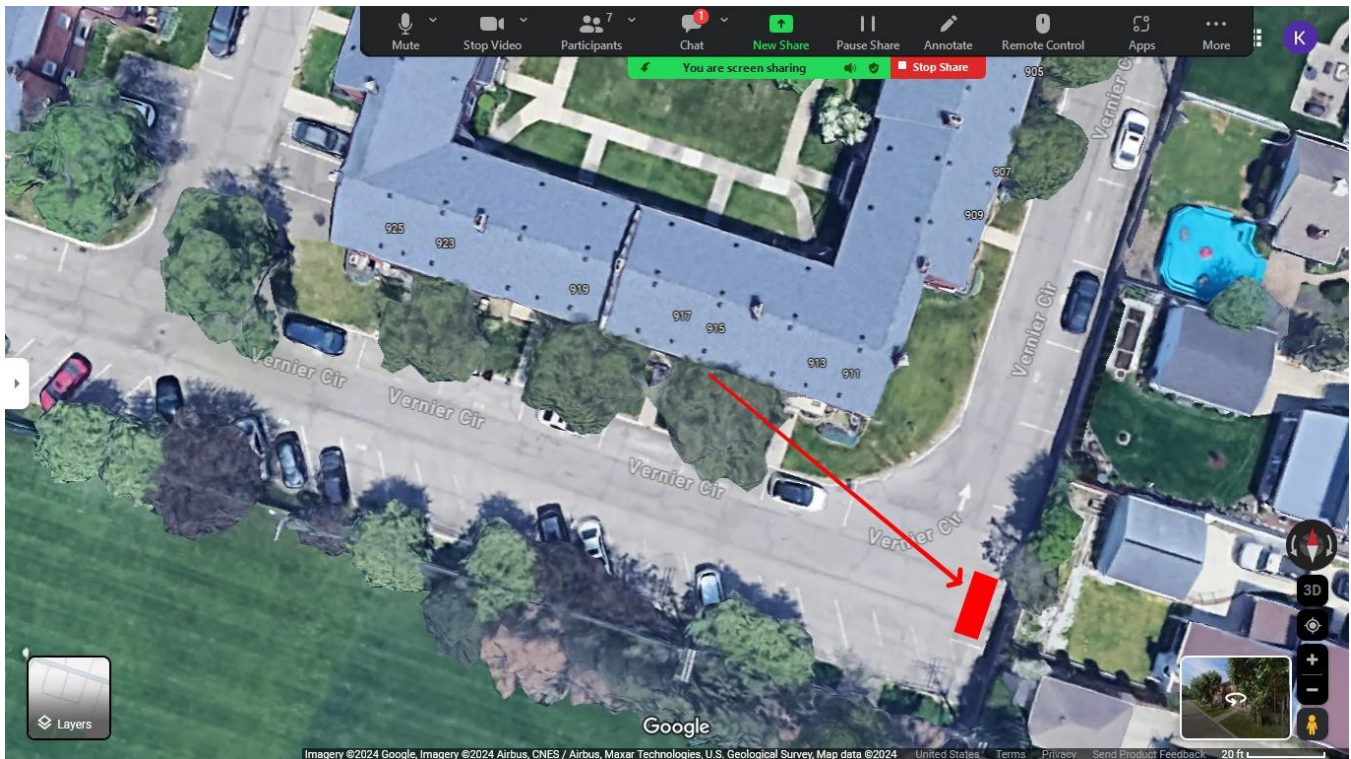
Monthly Quote: "To love beauty is to see light." - Victor Hugo

Source: <https://parade.com/1393409/michelle-parkerton/light-quotes/>

Members present: Clark, Stemple, Langford, Stewart, Swanson and Yarnell. Meeting began at 11:45 AM and ended at 1:20 PM.

1. The LDC is accepting donations, either as cash or check. If you donate via check, please make your check payable to Steve Clark at 755 S. Clinton Street, #2A; Denver, CO 80247. He will cash the check and keep the cash holdings specifically for the LDC. When the LDC incurs expenses, Steve will pay for services rendered through his bank account using the cash from LDC's cash holdings. A log will be maintained detailing the inflow and outflow of monies. LDC currently has \$347.00 in cash. A donation of \$200 was received from the Sunderland family and \$95 was spent for a lightning verification report for Sherea Sheppard, who was our featured guest last month.
2. We met with Kathryn Causey, who experienced contact with a ball of light. She has granted permission to the LDC to use her name, location and other PHI, per HIPAA.

Kathryn was at her town home which is located in Grosse Pointe in the Detroit, Michigan area. On January 21, 2022, she had turned off everything in her apartment. She went to her car and was researching electric shock on Google. At approximately 4 AM, she heard a loud screaming noise akin to a horn or whistle, which she had heard in a vision she had as a little girl. The noise was loudest in her left ear and she thought she might go deaf. Greg Stewart thinks the sound may have been thunder. She looked up and saw a blue ball of light approach her car and come through the car window. It had come from the apartment building toward her car. She estimated it took roughly 30 seconds to a minute from the time she first saw it to the time it entered her car. The ball was about the size of a basketball, perhaps a bit larger. She described the ball as a blue outer layer with something on the inside that was illuminating the blue layer. She recalled hearing thunder prior to seeing the ball. She said there was a snowstorm in the area at the time of the event and that it had been snowing, but not as hard when the ball appeared. Her car stalled and there was damage to a stereo speaker and a USB plug in the car. The stereo has since been repaired. The photo on the next page shows the path of the ball from the building to her car.



The red arrow is the direction the ball moved and the red rectangle is where Kathryn was parked.

Kathryn has multiple health complaints that are listed below in no particular order.

She has a rash on the back of her neck. A bonfire explosion she witnessed on August 26, 2022 re-triggered the same sound she heard during the BL incident. She has a sensation of feeling rings around her neck, fingers and other parts of her body, which she likened to being chained.

As a kid, she was very organized and neat and she knew where everything was. She said she was the go-to person for information, but not anymore. She was very coordinated before the event, but now her coordination is not as good. She says she is hypersensitive to her environment and too much stimulation affects her. She went to a relative's robotics event and her face got bumps on it from seeing all the lights. Last week, she went to her son's basketball game and found that to be overstimulating, resulting in tingling sensations in her body. She has little white squiggle marks (which she says look like worms) on parts of her skin and they flare up from time to time.

She reports a sensation of charging from one foot up to her thigh that has been present for awhile and now she is starting to feel the same sensation in the other leg. She wanted to know how she would explain that to a doctor. When asked, Dr. Phil Yarnell could not address it. She put magnets in her pants behind her knees in an effort to control leg pain.

She feels like she is lost and exposed. She described feeling like she used to have a blanket over her head, but now it is gone. She finds it physically exhausting to eat.

After a medical appointment, she walked down the hall and she said the air felt thicker. She feels things that she had not felt before.

She slept a lot after seeing the ball. Now, she sleeps 12 hours and is still tired.

Prior to this meeting, she had not been able to find any support groups or sympathetic ears. She was referred to the Lightning Strike & Electric Shock Survivors International group and also to their Facebook page.

Barb Stemple commented lightning could have hit the building. Kathryn said some of the siding above ground level was hanging.

3. LDC welcomes your questions. Please send them via e-mail to Steve Clark at [sclarktoto@gmail.com](mailto:sclarktoto@gmail.com). Your medical questions will be forwarded to Dr. Phil Yarnell for his review and will usually be taken up for discussion in the next month's meeting. Please be advised any questions posed are for the general consideration by the group and any answers given do not constitute a formal medical opinion. If a formal evaluation is requested, arrangements can be made directly with Dr. Yarnell. If you have a medical emergency, please call 911 or your local EMS.
4. Questions, comments, error notifications, and critiques of these minutes are welcome. Please send them to Steve Clark. Please keep the communications professional and respectful. They will be forwarded to the appropriate author(s) of the minutes and addressed accordingly.
5. LDC Disclaimer: These minutes do not represent official positions of the LDC or its members. They simply reflect the comments made at the meeting. Furthermore, the LDC does not implicitly or explicitly recommend or endorse any product or service. Any product or service presented in these minutes is done so for purposes of discussion and analysis. The merit (or lack thereof) is open for the consideration and review by the entire membership.
6. Next meeting: Friday, April 12, 2024, from 11:45 AM to 1:00 PM MST.

Respectfully Submitted,  
Steven E. Clark, Consulting Meteorologist

## Lightning Links

**This is a monthly listing of periodicals, websites, and videos about lightning and allied areas from a variety of sources. A headline or description is listed, followed by the link. Please note that some of the links are perishable, which means you'll need to go to the source for the information.**

John, K., 2024: 242 Million Lightning Flashes in US Unfold in 2023 with 13 Total Fatalities, New Report Shows. *Nature World News*. January 31, 2024. Link: <https://www.natureworldnews.com/articles/60488/20240131/242-million-lightning-flashes-unfold-2023-13-total-fatalities-new.htm>

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Bell, A., 2023: 20-Year Old Rescues Man from Chicago Train Tracks, Gets Rewarded with New Car and Job Offer. *Blavity, Inc.* August 30, 2023. Link: [https://blavity.com/20-year-old-rescued-man-chicago-train-tracks?utm\\_source=t1&utm\\_campaign=25311996&utm\\_content=3838481031&utm\\_medium=cpc&utm\\_term=1037842&bna=1&tblci=GiAmPKM7nM6XC1CNUOdlx1QIZvI6zaAhS1x7TZO78G-FhiCH31YoxtiCjIfOqKpl#tblci=GiAmPKM7nM6XC1CNUOdlx1QIZvI6zaAhS1x7TZO78G-FhiCH31YoxtiCjIfOqKpl](https://blavity.com/20-year-old-rescued-man-chicago-train-tracks?utm_source=t1&utm_campaign=25311996&utm_content=3838481031&utm_medium=cpc&utm_term=1037842&bna=1&tblci=GiAmPKM7nM6XC1CNUOdlx1QIZvI6zaAhS1x7TZO78G-FhiCH31YoxtiCjIfOqKpl#tblci=GiAmPKM7nM6XC1CNUOdlx1QIZvI6zaAhS1x7TZO78G-FhiCH31YoxtiCjIfOqKpl)

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Oberholtz, C., 2024: Lightning Fatalities Were Second Lowest on Record in 2023, Safety Council Says. *Fox Weather via Yahoo!News*. January 25, 2024. Link: <https://news.yahoo.com/lightning-fatalities-were-second-lowest-152307579.html?guccounter=1>

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